

## **Health Prevention Summit: An Evidence Based Community level perspective**

The First Puerto Rico Department of Health Prevention Summit: An Evidence Based Community level perspective will emphasize new perspectives on diseases prevention and health promotion especially at a community level. The summit will feature prominent national and international speakers, and an opportunity to showcase new approaches to prevention and health promotion – including innovations that promote regular physical activity, eating a healthful diet, taking advantage of medical screenings, and making healthy choices to avoid risky behaviors and prevent diseases in different community settings.

### *Summit Goal Statement*

The main goal of this effort is to educate medical doctors and other health professionals and encourage them to implement innovative health promotion and disease prevention techniques. The summit will enhance knowledge and skills, and foster attitudes and behaviors that promote an improvement in health care. This will be done by:

1. Facilitating the sharing of public health knowledge on prevention to enrich the work of professionals at the private, government and community levels.
2. Exploring innovations in science and policy that support engaging in regular physical activity, eating a healthy diet, taking advantage of appropriate medical screenings, making healthy choices to avoid risky behaviors, and other healthy practices.
3. Discussing the best prevention practices approach using evidence based models.

4. Fostering multidisciplinary approaches to put prevention principles into practice;
5. Synthesizing information about health economics projections and actual epidemiologic models.
6. Investigating how changes in health literacy, culture, communications and technology challenge how we reach, engage, educate and influence target audiences in their health and lifestyle decisions.